



# The Ramadan Daily Journal

Ramadan 4, \_\_\_\_\_

Date: \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_ رمضان ٤

## In This Issue

- What I Had for Suhoor
- What I Had for Iftar
- Any Medical Problems
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The fasting of Ramadan was made obligatory before the end of Sha'ban in the second year of the Hijrah.

(Source: History of Islam)

Note: another source says 3 AH

### Ibadah Checklist

- ☐ Prayed Salatul Fajr
- ☐ Prayed Salatul Dhuhur
- ☐ Prayed Salatul Asr
- ☐ Prayed Salatul Maghrib
- ☐ Prayed Salatul Isha
- ☐ Prayed Taraweeh Today
- ☐ # of Taraweeh rakah prayed: \_\_\_\_\_
- ☐ Read Quraan Today: \_\_\_\_\_

Notes:

## A Quick Look At My Day

What I Had for Suhoor  
(Draw or Write)

What I Had for Iftar, to break my fast  
(Draw or Write)

Any Medical Problems I Had Today

Good Deeds I Did Today

## Activity

The article: ([http://www.crescentlife.com/spirituality/ramadhan\\_in\\_history.htm](http://www.crescentlife.com/spirituality/ramadhan_in_history.htm)) briefly discusses the differences between the observance of Ramadan by many Muslims today with that of Muslims from the past. Make a Venn diagram comparing the two.

Do you agree with the article's argument that many Muslims of today semi-hibernate during Ramadan?

Younger children: Oral: How was Ramadan different in the past then today?  
(Parents may need to reread parts and guide the discussion)

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If you do not have access to the above article, or opt not to read it, this can be a free write day in the journal. (e.g. write about what happened today or yesterday, etc.).


Title:

