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by

_____ Age _____

Hijri Date _____

Gregorian Date _____

Why did Allah create me?

Allah tells us in the Qur'an...

وَمَا خَلَقْتُ الْجِنَّ وَالْإِنْسَ إِلَّا لِيَعْبُدُونِ

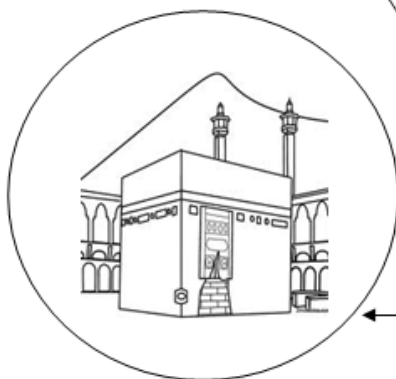
(Surah adh-Dhariyat ayah 56)

Which means:

The 5 pillars of Islam



Shahadah



Hajj



Salaat



Saum

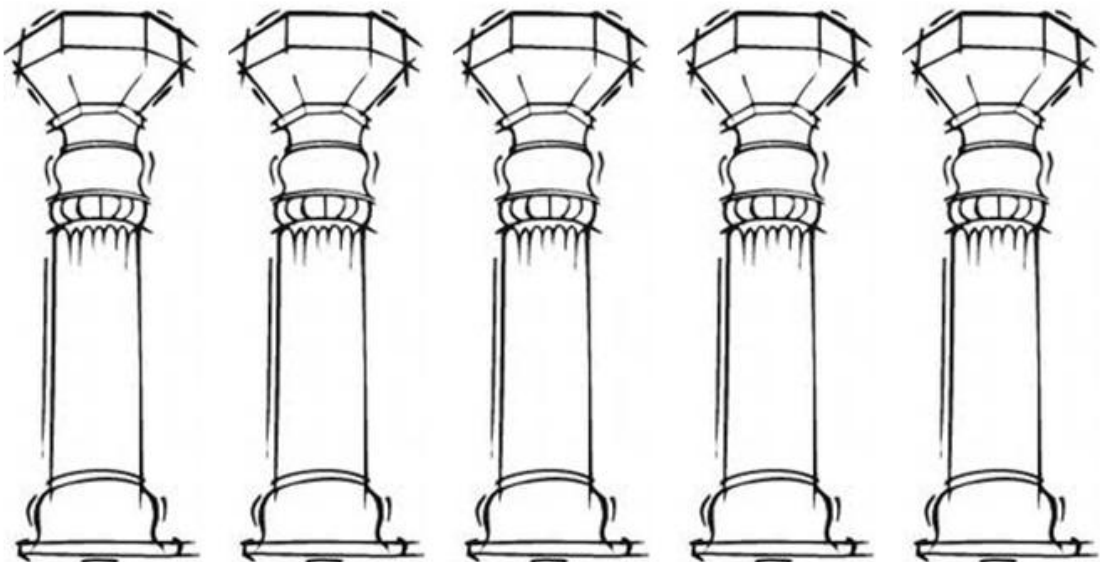


Zakaat

The 5 pillars
are all acts of
Worship only
for Allah
Alone

Saum is one of the 5 pillars

رمضان



Shahadah

Salaah

Zakaah

Saum

Hajj

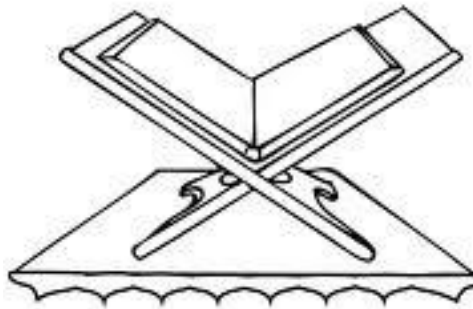
Fasting is obligatory in the month of Ramadan

Allah tells us in the Qur'an...

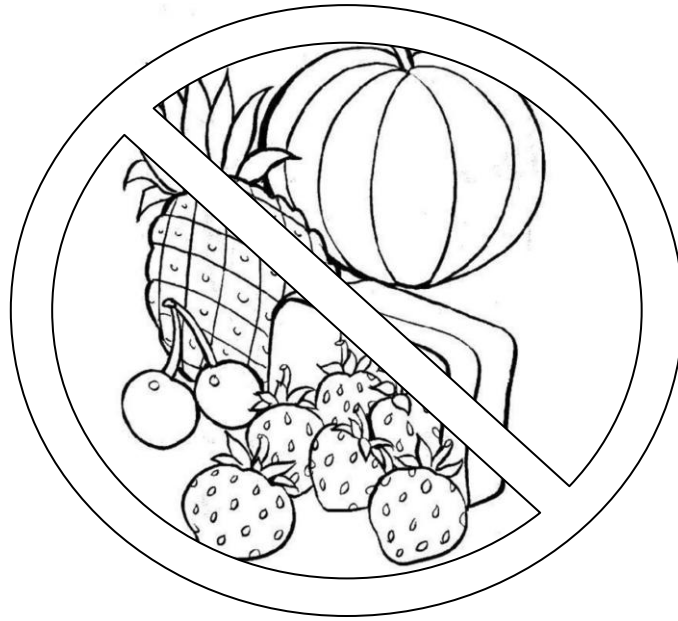
يَا أَيُّهَا الَّذِينَ ءَامَنُوا كُتِبَ عَلَيْكُمُ الصِّيَامُ كَمَا كُتِبَ عَلَى الَّذِينَ
مِن قَبْلِكُمْ لَعَلَّكُمْ تَتَّقُونَ

(Surah al Baqarah ayah 183)

Which means:



What is Saum?



Abu Hurairah رضي الله عنه reported:
The Messenger of Allah صلى الله عليه وسلم said:
"When one of you is observing
saum (fasting) on a day, he should
neither indulge in obscene language
nor should he raise the voice; and if
anyone reviles him or tries to
quarrel with him he should say: "I
am observing fast".

Riyad us Saliheen #1240

Narrated Abu Hurairah رضي الله عنه
The Prophet صلى الله عليه وسلم said: "Whoever does
not give up lying speech (false
statements) ويعمل acting on those lies
and evil actions, Allah is not in need
of his leaving his food and drink. (ie:
Allah will not accept his saum
(fasting)).

Sahih al-Bukhari, #1903

Reward of fasting

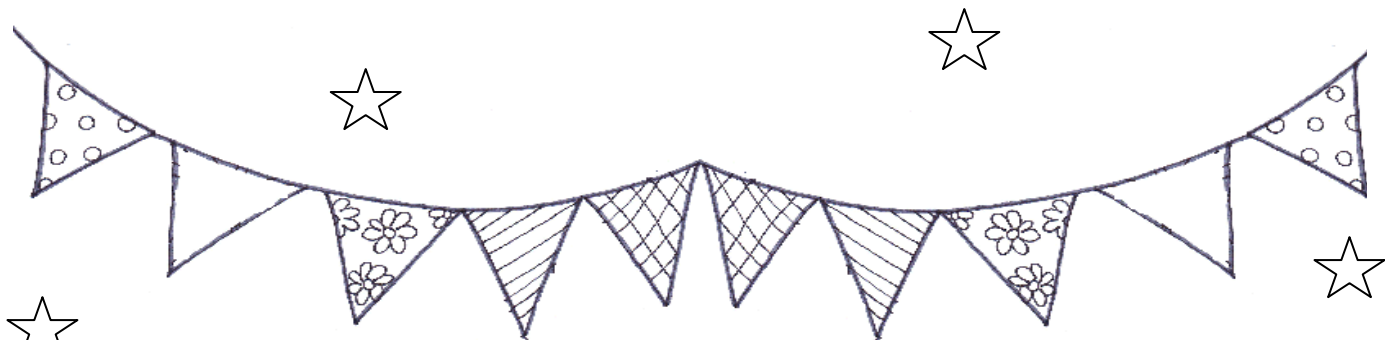
Narrated Abu Hurairah رضي الله عنه that the Messenger of Allah صلى الله عليه وسلم said:

"Every good deed of the son of Adam will be multiplied manifold. A good deed will be multiplied ten times up to as many as seven hundred times, or as much as Allah wills. Allah سبحانه says: "Except for fasting, which is for Me and I shall reward for it. He gives up his desire and his food for my sake."

The fasting person has two joys, one when he breaks his fast and another when he meets his Lord. The smell that comes from the mouth of a fasting person is better before Allah سبحانه than the fragrance of musk."

(Sahih) Sunan Ibn Majah #1638

Reward of fasting



Narrated Abu Hurairah رضي الله عنه that the Messenger of Allah ﷺ said:
"Whoever fasts Ramadan out of faith and the hope of reward will be forgiven his
previous sins."

(Sahih) Sunan Ibn Majah #1641

Reward of fasting

الريّان

It was narrated from Sahl bin Sa'd رضي الله عنه that the Prophet ﷺ said:

"In Jannah there is a gate called Rayyan. On the Day of Resurrection the call will go out saying: "Where are those who used to fast?"

Whoever is among those who used to fast will enter it, and whoever enters it will never thirst again."

(Hasan) Sunan Ibn Majah #11640

When do we know it is Ramadan?

Narrated 'Abdullah bin 'Umar رضي الله عنه Allah's Messenger ﷺ mentioned Ramadan and said, "Do not observe fasting unless you see the crescent-moon (of Ramadan) and do not give up fasting till you see the crescent moon (of Shawwal) but if the sky is overcast and you can't see the moon, then act of estimation (ie; count Sha'ban as 30 days and Ramadan also as 30 days)."

Sahih al Bukhari #1906



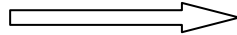
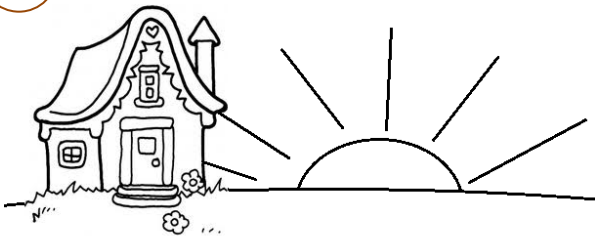
When to fast each day

Allah tells us in the Qur'an...

وَأَشْرَبُوا حَتَّىٰ يَتَبَيَّنَ لَكُمُ الْخَيْطُ الْأَبْيَضُ مِنَ الْخَيْطِ الْأَسْوَدِ
مِنَ الْفَجْرِ ثُمَّ أَتِمُّوا الصِّيَامَ إِلَى اللَّيْلِ

(Surah al Baqarah ayah 187)

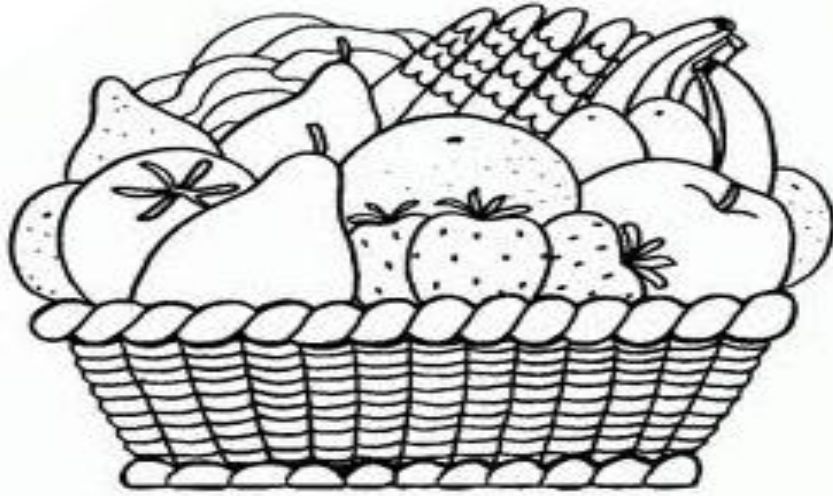
Which means:



Narrated 'Adi bin Hatim رضي الله عنه When the following verses were revealed: "Until the white thread appears to you distinct from the black thread", I took two (hair) strings, one black and the other white, and kept them under my pillow and went on looking at them throughout the night but could not make anything out of it. So, the next morning I went to Allah's Messenger صلى الله عليه وسلم and told him the whole story. He explained to me, "That verse means the darkness of the night and the whiteness of dawn."

Sahih al-Bukhari. #1916

What is Suhoor



Anas رضي الله عنه reported: The Messenger of Allah ﷺ Said, "Eat Suhoor (predawn meal). Surely, there is a blessing in Suhoor."

Riyad us Saliheen #1229

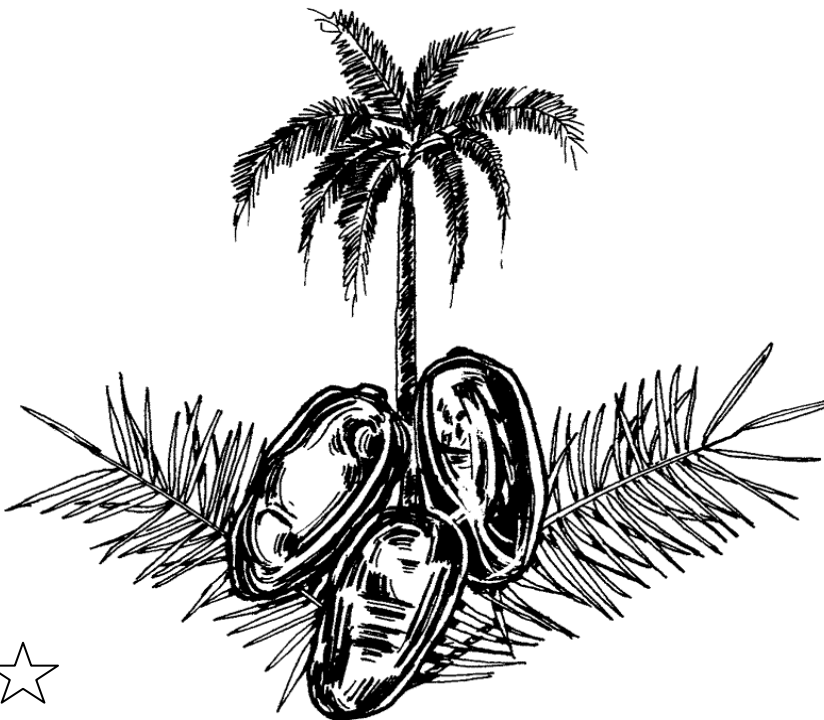
What is iftar

Salman bin 'Amir رضي الله عنه reported: I heard the Prophet صلى الله عليه وسلم saying, "When one of you breaks his saum (fasting), let him break it on dates, if he does not have any, break his fast with water for It is pure."

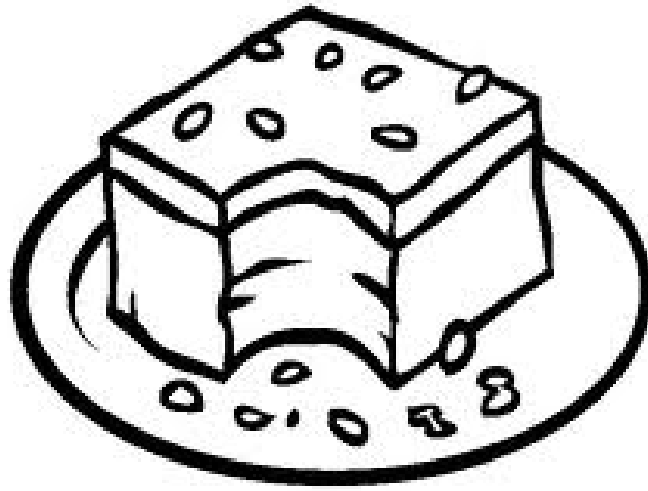
Riyad us Saliheen #1238

ذَهَبَ الظَّمَأُ ، وَابْتَلَّتِ الْعُرُوقُ وَثَبَتَ الْأَجْرُ إِنْ شَاءَ اللَّهُ

The thirst is gone, and the veins are quenched, and the reward is assured-if Allah wills".



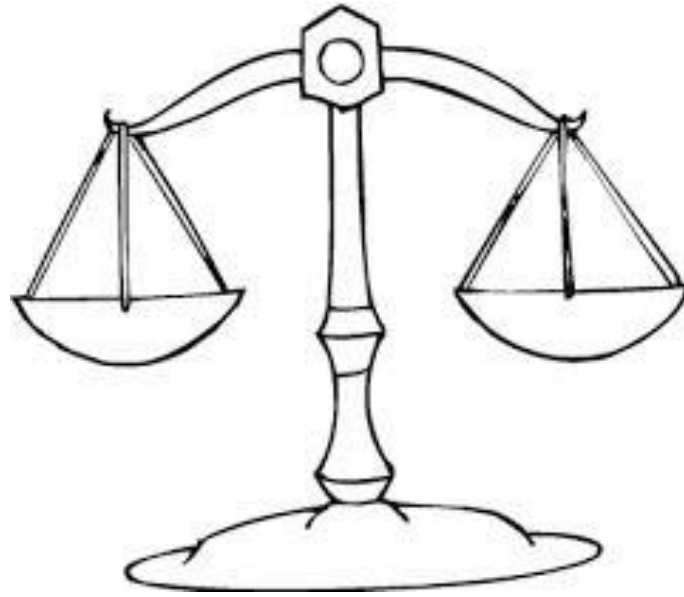
What to do if we forget



Narrated Abu Hurairah رضي الله عنه The Prophet ﷺ said, "If somebody eats or drinks forgetfully then he should complete his saum (fast), for what he has eaten or drank, has been given to him by Allah."

Sahih al-Bukhari, #1933

Reward of feeding



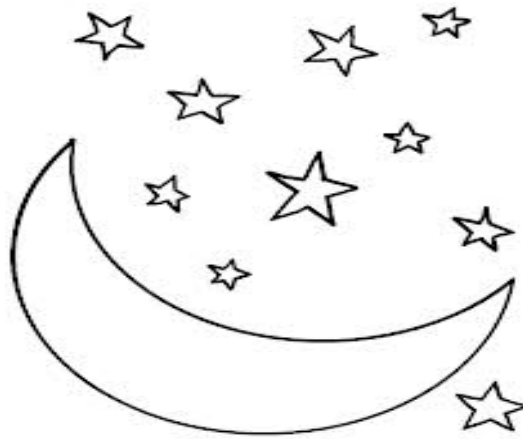
Zaid bin Khalid al-Juhani رضي الله عنه reported: The Prophet ﷺ said, "He who provides a fasting person something with which to break his fast, will earn the same reward as the one who was observing the fast, without diminishing in any way the reward of the latter."

Riyad us Saliheen #1265

Qiyam al Layl

Narrated Abu Hurairah رضي الله عنه I heard Allah's Messenger ﷺ saying regarding Ramadan, "Whoever performed salat (prayers) at night in it (the month of Ramadan) with sincere faith and hoping for a reward from Allah, then all his past sins will be forgiven"

Sahih al Bukhari #2008





Laylatul Qadr



Allah tells us in the Qur'an...

إِنَّا أَنْزَلْنَاهُ فِي لَيْلَةِ الْقَدْرِ (١) وَمَا أَدْرَاكَ مَا لَيْلَةُ الْقَدْرِ (٢)
لَيْلَةُ الْقَدْرِ خَيْرٌ مِّنْ أَلْفِ شَهْرٍ (٣) تَنَزَّلُ الْمَلَائِكَةُ وَالرُّوحُ فِيهَا
بِإِذْنِ رَبِّهِمْ مِّنْ كُلِّ أَمْرٍ (٤) سَلَامٌ هِيَ حَتَّىٰ مَطْلَعِ الْفَجْرِ (٥)

(Surah al Qadr ayat 1-5)

Which means:





I'tikaf

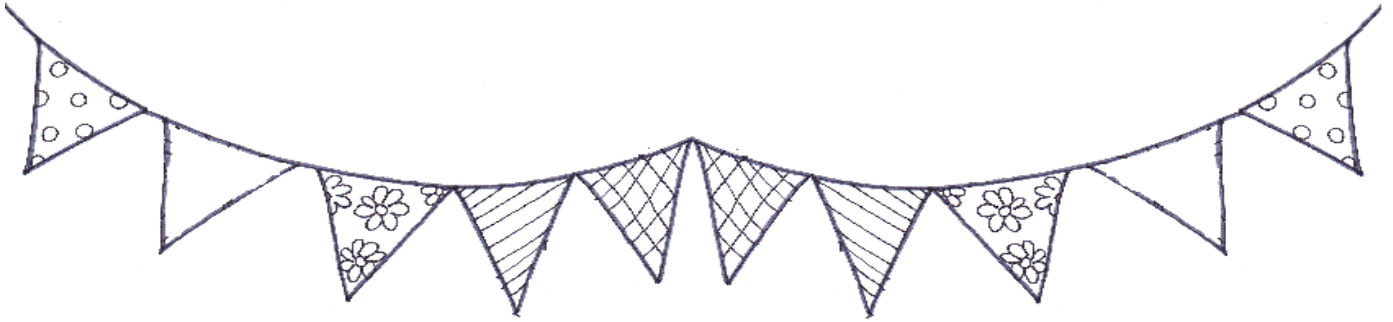


Narrated 'Abdullah bin 'Umar رضي الله عنه Allah's Messenger ﷺ used to practice I'tikaf in the last ten days of the month of Ramadan".

Sahih al Bukhari #2025

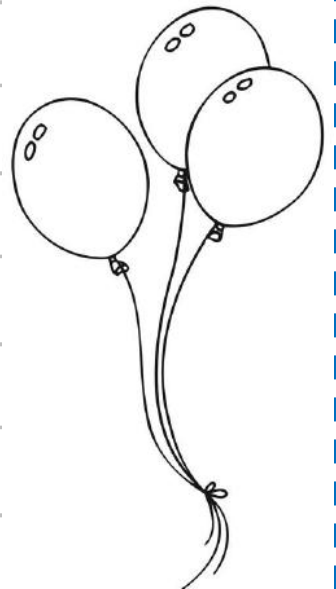


E'id ul-Fitr

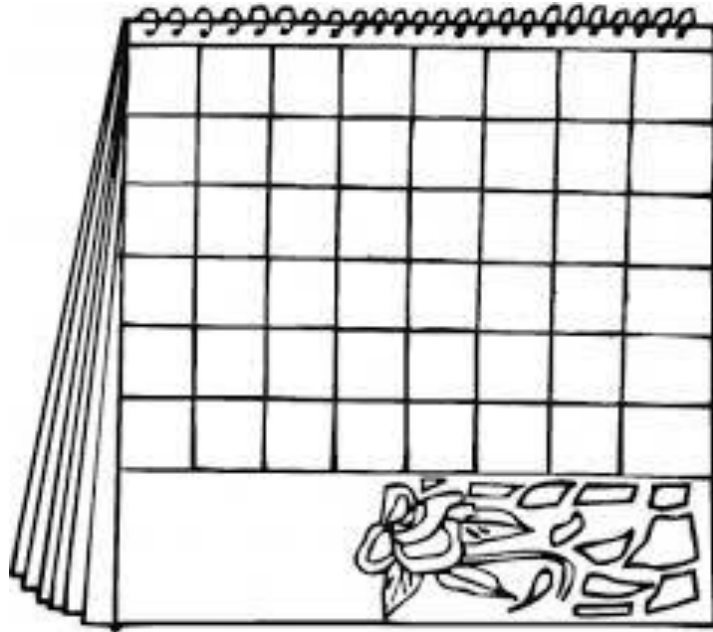


It was reported from Abu 'Ubaid رضي الله عنه
Who said: "I attended the E'id with Umar.
He began with the salat before the sermon,
and then said: "The Messenger of Allah ﷺ
Prohibited us from fasting on these two
days. As for the Day of al-Adha, then it is
when you eat the meat of your sacrificed
animals, and as for the Day of al-Fitr it is
the breaking of your fast."

(Sahih) Sunan Abu Dawud #2416



Fasting in Shawwal



Umar bin Thabit al-Ansari رضي الله عنه reported from Abu Ayyub, رضي الله عنه a companion of the Prophet ﷺ

From the Prophet ﷺ that he said:
"Whoever fasted six days in Shawwal, it will be as if he had fasted all the year".

(Sahih) Sunan Abu Dawud #2433