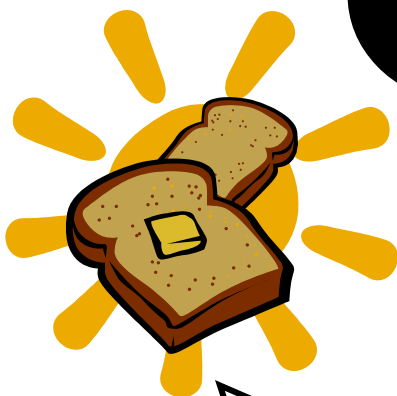


for

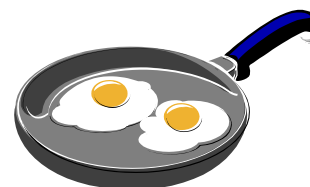
Suhoor



Anas (radiallahu anhu) reported that Allah's Messenger (salla Allahu alayhi wa sallam) said Take meal a little before dawn, for there is a blessing in taking meal at that time.
(Muslim #2412)

- Suhoor:
- Differentiates us from the people of the Book
 - Equips us with strength to complete our fast
 - Gives us the opportunity to thank our Lord for the food provided

Sahih Muslim Commentary



SUHOOR PLACEMATS