



# The Ramadan Daily Journal

Ramadan 30, \_\_\_\_\_

Date: \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_, رمضان ٣٠

## In This Issue

- What I Had for Suhoor
- What I Had for Iftar
- Any Medical Problems
- Journal Activity

Narrated By 'Aisha: Abu Bakr came to my house while two small Ansari girls were singing beside me the stories of the Ansar concerning the Day of Buath. And they were not singers. Abu Bakr said protestingly, "Musical instruments of Satan in the house of Allah's Apostle!" It happened on the 'Id day and Allah's Apostle said, "O Abu Bakr! There is an 'Id for every nation and this is our 'Id."

(Bukhari, Book of The Two Eid Festivals)

### Ibadah Checklist

- ☐ Prayed Salatul Fajr
- ☐ Prayed Salatul Dhuh
- ☐ Prayed Salatul Asr
- ☐ Prayed Salatul Maghrib
- ☐ Prayed Salatul Isha
- ☐ Prayed Taraweeh Today
- ☐ # of Taraweeh rakah prayed: \_\_\_\_\_
- ☐ Read Quraan Today: \_\_\_\_\_

Notes:

## A Quick Look At My Day

What I Had for Suhoor  
(Draw or Write)

What I Had for Iftar, to break my  
fast (Draw or Write)

Any Medical Problems I Had  
Today

Good Deeds I Did Today

## Activity

Talk about how the companions celebrated Eid.  
How is it different from today?  
What types of things do you do for Eid?  
What types of things do other Muslims do for Eid?  
Do these activities seem to imitate the kuffar?

