



# The Ramadan Daily Journal

Ramadan 11, \_\_\_\_\_

Date: \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_, رمضان ١١

## In This Issue

- What I Had for Suhoor
- What I Had for Iftar
- Any Medical Problems
- Journal Activity

"We went to the mosque and made toys of wool for them (children) and when anyone felt hungry and wept for food we have them these toys till it was the time to break the fast."

Rubayyi daughter of Muawwidh bin Afra regarding what the Companions said in relation to children and fasting."

Saheeh Muslim (#2531)

Extra: Copy the above hadith in neat handwriting.

### Ibadah Checklist

- ☐ Prayed Salat al Fajr
- ☐ Prayed Salat al Dhuh
- ☐ Prayed Salat al Asr
- ☐ Prayed Salat al Maghrib
- ☐ Prayed Salat al Isha
- ☐ Prayed Taraweeh Today
- ☐ # of Taraweeh rakah prayed: \_\_\_\_\_
- ☐ Read Quraan Today: \_\_\_\_\_

Notes:

## A Quick Look At My Day

What I Had for Suhoor  
(Draw or Write)

What I Had for Iftar, to break my  
fast (Draw or Write)

Any Medical Problems I Had  
Today

Good Deeds I Did Today

## Activity

If you are following the "It's Ramadan" daily activities and you made a toy, write about your toy. Describe it. How does it work? What does it look like. (Younger children can do this orally).

OR Write an ad for your toy. Include features of the toy, how much it costs, why people should buy it. Be persuasive. (see sample on next page)

OR Write a how to article on how you made the toy.

Those not following the daily activities might want to choose one of the last two options or write about a favorite toy.

Again, these activities can be done orally by younger children or they can dictate to a grown up or sibling and copy what their helper writes down.

Example layout for an ad.

### Attention Grabber

List your featured items

- list item here
- list item here
- list item here
- list item here

### Co. name

Describe your  
location by landmark  
or area of town.

Tel: 555 555 5555

### Advertisement Heading

Use this space to tell your  
readers about your business,  
product, service, or event. This  
text should  
tell the reader  
what your  
offer can do  
for them.



List your hours or the time  
and date of your event.



**Organization**