



The Ramadan Daily Journal

Ramadan 16, _____

Date: _____, _____, _____, رمضان ١٦

In This Issue

- What I Had for Suhoor
- What I Had for Iftar
- Any Medical Problems
- Journal Activity

Ibn Umar (radiAllahu anhum) reported Allah's Messenger (salla Allahu alayhi wa sallam) as saying:

"Seek Laylatul Qadr in the last week (of Ramadan)."

(Saheeh Muslim, Book of Sawm, #2618)

Ibadah Checklist

- ☐ Prayed Salatul Fajr
- ☐ Prayed Salatul Dhuhr
- ☐ Prayed Salatul Asr
- ☐ Prayed Salatul Maghrib
- ☐ Prayed Salatul Isha
- ☐ Prayed Taraweeh Today
- ☐ # of Taraweeh rakah prayed: _____
- ☐ Read Quraan Today: _____

Notes:

A Quick Look At My Day

What I Had for Suhoor
(Draw or Write)

What I Had for Iftar, to break my fast
(Draw or Write)

Any Medical Problems I Had Today

Good Deeds I Did Today

Activity

Answer the following questions:

What is Laylatul Qadr better than?

What happens on Laylatul Qadr every year? (Hint: What do the angels descend with?)

When do we look for/seek Laylatul Qadr?

What do we do on the night of Laylatul Qadr? And what is it's reward?

(If you need help answering the questions, look in the Surah and its Tafsir if you haven't already read them).

